

**Results 13-03-2016**

<b>Klasse: Kvinder</b>								
Placering	Nr.	Navn	Klub	Lap 1:	Lap 2:	Lap 3:	Total:	Status:
1	406	Elvine Brun Gadeberg	Holstebro CC	25:50,8	26:41,0	27:28,7	(Total Tid: 01:20:00,48)	IIG
2	416	Susanne Brun Gadeberg	Lemvig CK	26:20,7	26:48,6	28:09,2	(Total Tid: 01:21:18,50)	IIG
3	405	Dorthe Østergaard	MCK	27:21,3	27:43,0	27:58,4	(Total Tid: 01:23:02,59)	IIG
4	410	Julie Jensen	MTB Holstebro	27:15,8	27:55,7	29:54,1	(Total Tid: 01:25:05,65)	IIG
5	403	Berit Lennert Puggaard	MTB Holstebro	28:32,2	29:07,8	29:34,0	(Total Tid: 01:27:14,05)	IIG
6	407	Heidi kloster	Lemvig CK	33:26,5	35:07,3		(Total Tid: 01:08:33,86)	IIG
7	411	Laila Vejlggaard	Videbæk MTB	34:36,1	34:14,5		(Total Tid: 01:08:50,56)	IIG
8	415	Rikke Kloster	Struer Cykelklub	34:59,3	39:41,8		(Total Tid: 01:14:41,10)	IIG
9	409	Joan Aggerholm	MTB Holstebro	36:53,1	40:37,9		(Total Tid: 01:17:30,97)	IIG
10	404	Daniella Bech	MTB Holstebro	41:05,1	45:23,3		(Total Tid: 01:26:28,42)	IIG

<b>Klasse: Motion 1</b>								
Placering	Nr.	Navn	Klub	Lap 1:	Lap 2:	Lap 3:	Total:	Status:
1	112	Dennis Jehs Løh	CeramicSpeedCycling	00:22:29	00:22:15	00:22:53	(Total Tid: 01:07:37,48)	IIG
2	119	Jesper Lyhne	MTB Holstebro	00:22:43	00:22:35	00:22:54	(Total Tid: 01:08:11,98)	IIG
3	128	Knud Bang Nielsen	Medvind	00:22:50	00:22:49	00:22:57	(Total Tid: 01:08:36,32)	IIG
4	125	Kasper Mulvad Pedersen	Holstebro cycle club	00:22:37	00:22:43	00:23:39	(Total Tid: 01:08:59,33)	IIG
5	160	Walter Schmidt	Team Lågeshoppen / Uhrskov-vine.dk	00:22:52	00:22:58	00:23:19	(Total Tid: 01:09:09,21)	IIG
6	159	Torben Pedersen	Oddense MTB	00:23:00	00:22:52	00:23:19	(Total Tid: 01:09:11,25)	IIG
7	144	Ole jensen	Oddense Mtb	00:23:02	00:23:00	00:24:05	(Total Tid: 01:10:06,44)	IIG
8	116	Jan Grandahl	MTB Ringkøbing	00:23:17	00:23:15	00:23:47	(Total Tid: 01:10:18,25)	IIG
9	126	Kasper Møllebak	LCK	00:24:08	00:23:16	00:23:44	(Total Tid: 01:11:07,55)	IIG
10	133	Lars Østergaard	x	00:24:02	00:23:42	00:23:35	(Total Tid: 01:11:18,61)	IIG
11	132	Lars Nygaard	7-Eleven Rockets Lemvig CK	00:23:45	00:23:58	00:24:14	(Total Tid: 01:11:56,57)	IIG
12	131	Lars Knudsen	Team Lågeshoppen / Uhrskov-vine.dk	00:24:00	00:23:55	00:24:05	(Total Tid: 01:12:00,73)	IIG
13	137	Michael Ottesen	Hurup Thy Cykelmotion	00:24:19	00:23:38	00:24:15	(Total Tid: 01:12:13,09)	IIG
14	155	Thomas Sivertsen	MTB Holstebro	00:23:57	00:23:53	00:24:24	(Total Tid: 01:12:14,96)	IIG
15	136	Martin Olesen	Lemvig CK	00:24:23	00:23:51	00:24:04	(Total Tid: 01:12:18,39)	IIG
16	154	Thomas Ottesen	Struer Cykel Klub	00:24:41	00:24:02	00:23:56	(Total Tid: 01:12:38,80)	IIG
17	153	Thomas Laugesen	Sinding MTB	00:24:14	00:23:52	00:24:36	(Total Tid: 01:12:42,63)	IIG
18	140	Mogens Østergaard	Struer Cykelklub	00:24:12	00:24:14	00:24:19	(Total Tid: 01:12:45,41)	IIG
19	118	Jesper Frandsen	Oddense MTB	00:24:28	00:24:05	00:24:19	(Total Tid: 01:12:52,49)	IIG
20	115	Henrik Vejlggaard	Videbæk MTB	00:24:33	00:24:05	00:24:22	(Total Tid: 01:12:59,97)	IIG
21	113	Erik Brunebjerg	CeramicSpeed Cycling	00:24:10	00:24:30	00:24:30	(Total Tid: 01:13:10,22)	IIG
22	146	Per Jepsen	MTB Ringkøbing	00:24:17	00:24:45	00:24:35	(Total Tid: 01:13:36,80)	IIG
23	108	Chresten Frederiksen	Sinding MTB	00:24:26	00:24:30	00:25:02	(Total Tid: 01:13:58,13)	IIG
24	149	Rasmus Mikkelsen	MTB Holstebro	00:26:06	00:24:13	00:23:48	(Total Tid: 01:14:07,16)	IIG
25	152	Søren Vestergaard	Oddense MTB	00:24:30	00:24:44	00:25:04	(Total Tid: 01:14:18,51)	IIG
26	150	Svend Smedegaard	Hurup Thy Cykelmotion	00:25:31	00:24:10	00:24:41	(Total Tid: 01:14:22,93)	IIG
27	141	Morten Lindhard	Mtbk Silkeborg	00:24:38	00:24:44	00:25:09	(Total Tid: 01:14:30,40)	IIG
28	106	Bjarne Smedegaard	Morsø Cykelklub	00:25:20	00:24:40	00:25:08	(Total Tid: 01:15:07,57)	IIG
29	359	Tonni Andersen	MTB Holstebro	27:03,9	24:09,5	23:59,6	(Total Tid: 01:15:12,98)	IIG
30	111	Dennins Christensen	MTB Ringkøbing	00:24:58	00:25:23	00:24:52	(Total Tid: 01:15:13,02)	IIG
31	209	Frederik Axelsen	MTB Holstebro	00:25:04	00:25:14	00:25:18	(Total Tid: 01:15:36,17)	IIG
32	355	Søren Riis	MTB Holstebro	27:07,4	24:03,6	24:51,8	(Total Tid: 01:16:02,86)	IIG
33	101	Allan Børsting	Oddense MTB	00:25:18	00:25:00	00:25:48	(Total Tid: 01:16:05,92)	IIG
34	109	Claus Trabjerg	MTB Holstebro	00:25:02	00:25:14	00:25:53	(Total Tid: 01:16:08,79)	IIG
35	138	Michael Sand	Struer Cykelklub	00:25:39	00:25:02	00:25:41	(Total Tid: 01:16:22,33)	IIG
36	239	Rene Jensen	MedVind	00:25:43	00:25:13	00:25:32	(Total Tid: 01:16:28,42)	IIG
37	157	Tom Andersen	Fluif mtb	00:25:23	00:25:26	00:25:53	(Total Tid: 01:16:41,86)	IIG
38	243	SØREN BRODERSEN	MTB Holstebro	00:26:08	00:25:13	00:25:37	(Total Tid: 01:16:57,88)	IIG
39	246	Thomas mærkedahl	MTB Oddense	00:26:34	00:25:12	00:25:52	(Total Tid: 01:17:38,30)	IIG
40	358	Jacob Sig Hansen	Brande Motion	27:15,5	25:27,1	25:20,7	(Total Tid: 01:18:03,31)	IIG
41	238	Rasmus Stjernholm	medVIND	00:26:04	00:25:39	00:26:34	(Total Tid: 01:18:17,99)	IIG
42	123	Kaj Christiansen	Struer cykelklub	00:26:04	00:26:00	00:26:30	(Total Tid: 01:18:33,61)	IIG
43	156	Tobias Andersen	Fluif MTB	00:26:15	00:26:00	00:26:23	(Total Tid: 01:18:37,68)	IIG
44	107	Brian Michael Bo Pedersen	Vinderup Cykel Klub	00:25:44	00:26:03	00:27:49	(Total Tid: 01:19:35,64)	IIG
45	301	Anders Holm	Holstebro Roklub	27:14,0	26:01,1	26:21,4	(Total Tid: 01:19:36,59)	IIG
46	214	Jan Larsen	FIUIF MTB	00:27:35	00:25:51	00:26:16	(Total Tid: 01:19:41,40)	IIG
47	231	Morten Christensen	Struer cykelklub	00:26:18	00:25:58	00:27:39	(Total Tid: 01:19:55,41)	IIG
48	143	Morten mærkedahl	MTB Oddense	00:26:11	00:26:39	00:27:18	(Total Tid: 01:20:08,35)	IIG
49	105	Bjarke Ravnholt	MTB Holstebro	00:24:36	00:28:48	00:26:52	(Total Tid: 01:20:15,01)	IIG
50	210	Hans Jakobsen	MTB Holstebro	00:27:20	00:26:00	00:27:01	(Total Tid: 01:20:20,65)	IIG
51	102	Anders Jacobsen	Lemvig CK	00:26:13	00:26:07	00:28:00	(Total Tid: 01:20:20,75)	IIG
52	204	Anders mikkelsen	Skovtroldene	00:27:11	00:26:43	00:26:43	(Total Tid: 01:11:03,31)	IIG
53	221	Kasper Trelidal	Brande motion	00:26:42	00:26:31	00:27:48	(Total Tid: 01:21:01,40)	IIG
54	302	Anders lyngsaa	Struer cykelklub	27:44,7	26:38,0	27:12,8	(Total Tid: 01:21:35,50)	IIG
55	352	Ronni Kamstrup	Lemvig CK	27:12,9	27:01,3	27:24,6	(Total Tid: 01:21:38,75)	IIG
56	225	Lars Breiner	Vinderup CK	00:27:14	00:27:26	00:27:30	(Total Tid: 01:22:09,86)	IIG
57	310	Finn Hoffmann	MTB Holstebro	28:00,4	27:00,0	27:17,4	(Total Tid: 01:22:17,80)	IIG
58	305	Bjarne Rusbjerg	MTB Holstebro	28:16,7	26:56,2	27:10,2	(Total Tid: 01:22:23,08)	IIG
59	145	Ove Kamstrup	x	00:27:01	00:27:42	00:27:42	(Total Tid: 01:22:24,83)	IIG
60	350	Rene filsø	Lemvig cykelklub	27:42,7	27:22,8	27:26,1	(Total Tid: 01:22:31,56)	IIG
61	351	Rene Søndergaard	Fluif mtb	28:09,6	26:57,7	27:26,8	(Total Tid: 01:22:34,03)	IIG

62	202 Allan Moldrup	Hurup Thy Cykelmotion	00:28:18	00:27:02	00:28:06 (Total Tid: 01:23:26,23)	IIG
63	212 Henrik Larsen	Struer Cykelklub	00:28:06	00:27:46	00:28:17 (Total Tid: 01:24:08,49)	IIG
64	203 Anders Jensen	vinderup ck	00:29:05	00:27:13	00:28:02 (Total Tid: 01:24:20,20)	IIG
65	327 Jørn Schultz	Ulfborg cykelmotion	28:14,1	27:47,9	28:31,8 (Total Tid: 01:24:33,80)	IIG
66	340 Michael Kamp	x	28:03,0	28:05,8	28:30,5 (Total Tid: 01:24:39,31)	IIG
67	215 Jan Vejøl	Oddense mtb	00:27:08	<b>00:28:20</b>	00:29:16 (Total Tid: 01:14:44,38)	IIG
68	347 Poul Erik Lauritsen	Astrup cykelklub	28:28,6	27:46,6	28:32,9 (Total Tid: 01:24:48,12)	IIG
69	230 Mikkel jepsen	Struer cykel klub	00:27:06	00:28:57	00:28:50 (Total Tid: 01:24:52,92)	IIG
70	342 Mogens Koldsgaard	VMC Ringkøbing	28:36,7	27:47,3	28:29,2 (Total Tid: 01:24:53,19)	IIG
71	208 Finn Iyng	Brande mtb.	00:28:11	00:27:43	00:29:15 (Total Tid: 01:25:09,07)	IIG
72	224 Kim Vestergaard	Vinderup cykelklub	00:28:31	00:28:07	00:29:00 (Total Tid: 01:25:37,18)	IIG
73	235 Per J. Monke	MTBK-Silkeborg	00:28:28	00:27:55	00:29:21 (Total Tid: 01:25:43,36)	IIG
74	311 Frederik Lauterbach Andersen	x	29:40,1	28:05,6	28:02,9 (Total Tid: 01:25:48,66)	IIG
75	226 Lars Ellgaard	Hurup Thy Cykelmotion	00:28:52	00:28:13	00:28:56 (Total Tid: 01:26:01,37)	IIG
76	232 Morten Lillelund Bertelsen	Hurup cykel og motion	00:28:01	00:27:48	00:30:23 (Total Tid: 01:26:12,00)	IIG
77	337 Martin nielsen	MTB Holstebro	28:50,7	27:55,6	29:32,8 (Total Tid: 01:26:19,15)	IIG
78	234 Niels Peter Hyldahl	Vinderup CK	00:28:38	00:27:53	00:30:07 (Total Tid: 01:26:38,76)	IIG
79	213 Jakob Løvenhardt sørensen	MTB Holstebro	00:28:09	00:28:06	00:30:37 (Total Tid: 01:26:52,27)	IIG
80	228 Mathias Malle	MTB Holstebro	00:27:17	00:29:01	00:31:47 (Total Tid: 01:18:04,86)	IIG
81	223 Kim Tatt	Lemvig CK.	00:28:50	00:29:49	00:31:20 (Total Tid: 01:29:58,39)	IIG
82	338 Martin Olesen	x	28:47,6	29:56,7	31:54,4 (Total Tid: 01:30:38,68)	IIG
83	233 Nicolai Tatt Jakobsen	Lemvig CK	00:29:35	00:30:07	00:34:28 (Total Tid: 01:34:10,21)	IIG
84	353 Sebastian Weibel	lomborg-efterskole	29:53,0	30:56,0	(Total Tid: 01:00:49,00)	IIG
85	346 per jepsen	Lemvig ck	31:28,9	30:31,7	(Total Tid: 01:02:00,57)	IIG
86	312 Henrik Boye	Lomborg Gymnastik- og Idrætsefterskole	32:11,8	30:05,2	(Total Tid: 01:02:17,03)	IIG
87	345 Peder Boutrup	MTB Holstebro	31:41,7	30:50,9	(Total Tid: 01:02:32,57)	IIG
88	331 Kim Dinesen	MTB Holstebro	32:05,3	30:38,2	(Total Tid: 01:02:43,50)	IIG
89	319 Jens Sønderby	Tandlægerne Sønderby	33:21,1	30:04,6	(Total Tid: 01:03:25,71)	IIG
90	308 Cornelius Lund	Struer Cykelklub	31:43,9	31:44,3	(Total Tid: 01:03:28,27)	IIG
91	322 Jens Hedevang	Lemvig CK	31:31,6	31:59,4	(Total Tid: 01:03:30,98)	IIG
92	320 Jens Andersen	Hurup Thy Motion	32:27,5	32:07,1	(Total Tid: 01:04:34,58)	IIG
93	341 Michael Skov Bertelsen	Struer Cykelklub	32:08,7	32:41,2	(Total Tid: 01:04:49,87)	IIG
94	134 Lennart Poulsgaard	Barnde Motion MB	00:33:10	00:31:55	(Total Tid: 01:05:04,54)	IIG
95	307 Christian Lillevang Danielsson	Vildbjerg Motion	33:05,3	32:27,8	(Total Tid: 01:05:33,17)	IIG
96	250 Vagn Albrechtsen	MTB Ringkøbing	00:32:39	00:33:09	(Total Tid: 01:05:47,69)	IIG
97	218 Jesper Høj Lerche	MTB Ringkøbing	00:32:22	00:33:30	(Total Tid: 01:05:52,55)	IIG
98	354 Steen Barslund Frederichsen	TCM	33:02,9	33:58,5	(Total Tid: 01:07:01,41)	IIG
99	344 Ole Mortensen	x	33:10,2	34:47,5	(Total Tid: 01:07:57,64)	IIG
100	316 Jacob Thomsen	lomborg-efterskole	33:47,6	34:17,1	(Total Tid: 01:08:04,78)	IIG
101	148 Peter Dam	Vinderup CK	00:26:18	00:26:27	(Total Tid: 00:52:44,61)	DNF
102	161 Martin Vesterlørkke	MTB Holstebro	00:26:30	26:54,0	(Total Tid: 00:53:24,21)	DNF
103	334 Mads Nystrup	lomborg-efterskole	27:47,1	27:47,4	(Total Tid: 00:55:34,53)	DNF
104	114 Frederik T Olsen	7-eleven rockets/Lemvig CK	00:25:27		(Total Tid: 00:25:27,30)	DNF
105	237 pierre østergaard	mck	00:26:52		(Total Tid: 00:26:52,34)	DNF

#### Klasse: Sport

Placering	Nr.	Navn	Klub	Lap 1:	Lap 2:	Lap 3:	Lap 4:	Total:	Status:
1	27	Martin Friis Eckerberg	Team Flammen MTB	20:50,9	20:45,3	21:01,9		20:44,5 (Total Tid: 01:23:22,69)	<del>IIG</del>
2	33	Ole Jespersen	Team Flammen MTB	20:48,5	20:49,2	21:01,9		20:47,4 (Total Tid: 01:23:27,01)	<del>IIG</del>
3	13	Jesper Trans	Morsø Cykelklub	20:46,3	20:47,8	21:00,7		21:55,0 (Total Tid: 01:24:29,84)	<del>IIG</del>
4	26	Lennart Fuglsang	Hurup Thy Cykelmotion	20:43,5	20:48,7	21:03,9		22:28,7 (Total Tid: 01:25:04,81)	<del>IIG</del>
5	25	Lasse Gudiksen	Vinderup CK	21:20,8	21:04,7	21:26,1		21:52,5 (Total Tid: 01:25:44,08)	<del>IIG</del>
6	6	Carsten Pedersen	x	21:34,8	21:36,3	21:30,9		22:07,7 (Total Tid: 01:26:49,71)	<del>IIG</del>
7	42	Peter Sønderby	Tandlægerne Sønderby	21:19,2	21:54,6	21:45,1		22:18,6 (Total Tid: 01:27:17,51)	<del>IIG</del>
8	29	Mikael Aakmann Pedersen	Morsø cykelklub	21:22,5	21:12,3	22:21,9		23:44,3 (Total Tid: 01:28:40,98)	<del>IIG</del>
9	14	Jurgen	Morsø	22:44,4	21:44,6	21:59,2		22:17,2 (Total Tid: 01:28:45,41)	<del>IIG</del>
10	30	Morten Andersen	x	22:42,4	21:53,1	21:49,2		22:24,9 (Total Tid: 01:28:49,61)	<del>IIG</del>
11	24	Lars Ole Pedersen	MTB Holstebro	21:37,7	21:37,4	22:34,2		23:01,9 (Total Tid: 01:28:51,19)	<del>IIG</del>
12	9	Hans Henrik Puggaard	Team Lågeshoppen / Urhskov-vine.dk	22:17,7	22:14,2	22:33,4		22:09,9 (Total Tid: 01:29:15,20)	<del>IIG</del>
13	12	Jan Lindholt Nielsen	x	22:28,2	22:05,2	22:33,8		22:10,0 (Total Tid: 01:29:17,18)	<del>IIG</del>
14	34	Peder Goul Rosenberg	MTB Holstebro	21:57,1	22:04,6	22:44,7		22:59,5 (Total Tid: 01:29:45,97)	<del>IIG</del>
15	5	Carsten Brinch	7-Eleven Rockets/ Lemvig Ck	22:11,3	22:19,3	23:31,0		23:08,0 (Total Tid: 01:31:09,68)	<del>IIG</del>
16	31	Morten Olsen	Lemvig CK	22:32,2	22:25,3	23:16,1		22:58,1 (Total Tid: 01:31:11,69)	<del>IIG</del>
17	36	Rasmus Damsgaard	HGC	22:29,7	22:41,7	23:14,7		23:05,0 (Total Tid: 01:31:31,20)	<del>IIG</del>
18	38	Rolf S Knudsen	Morsø CK	22:46,7	22:49,9	23:07,3		22:51,9 (Total Tid: 01:31:35,79)	<del>IIG</del>
19	20	Lars Lidegaard	Vinderup CK	22:54,9	22:43,4	23:03,9		22:57,7 (Total Tid: 01:31:39,89)	<del>IIG</del>
20	19	Lars Holm	vinderup CK	23:02,2	22:38,9	22:59,5		23:49,3 (Total Tid: 01:32:29,98)	<del>IIG</del>
21	32	Morten Ottesen	x	22:49,4	22:45,2	23:41,1		23:23,9 (Total Tid: 01:32:39,70)	<del>IIG</del>
22	28	Martin Ganderup	Ulfborg Cykelmotion	23:16,1	23:00,3	23:46,8		23:18,1 (Total Tid: 01:33:21,22)	<del>IIG</del>
23	35	Poul Sørensen	HGC	23:34,9	23:01,5	23:38,5		23:56,5 (Total Tid: 01:34:11,37)	<del>IIG</del>
24	22	Lars Mølgaard	Lemvig Ck	23:39,1	24:06,5	24:26,9		24:54,9 (Total Tid: 01:37:07,38)	<del>IIG</del>
25	17	Kurt Jakobsen	Bluemountain MTB	24:04,1	24:00,6	24:44,0		25:04,7 (Total Tid: 01:37:53,42)	<del>IIG</del>
26	39	Stefan larsen	Morsø cykelklub	23:40,6	23:48,4	24:39,9		26:39,8 (Total Tid: 01:38:48,58)	<del>IIG</del>
27	8	Frank Hjøllund Jensen	Team Lågeshoppen / Uhrskov-vine.dk	23:47,3	24:14,6	27:13,1		(Total Tid: 01:15:15,10)	<del>IIG</del>
28	18	Lars Damgaard	Thy Cykel Ring	29:10,0	23:51,1	24:09,6		(Total Tid: 01:17:10,78)	<del>IIG</del>
29	37	Ricki Lauridsen	Lemvig CK	22:15,7				(Total Tid: 00:22:15,60)	<del>IIG</del>